



NAMETerry.....H.A.R.I.S.O.N.....

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THE VICTORIAN MARATHON CLUB NEWSLETTER IS PUBLISHED FOR THE INFORMATION OF MEMBERS OF THE V.M.C. AND OTHER PEOPLE INTERESTED IN DISTANCE RUNNING AND ATHLETICS IN GENERAL.

The V.M.C. NEWSLETTER is the editorial responsibility of the Secretary on behalf of the Committee of the V.M.C.

It is issued four times a year, corresponding to the Seasons of Spring, Summer, Autumn and Winter.

All keen athletic people are invited to contribute letters, results, comments, etc., which they feel are of interest to the sport and which would serve to provide information and a better understanding of athletics and the world of sport.

Intending contributors of articles are asked to note that material for publication must be submitted on single spaced TYPED foolscap, irrespective of length, but it is suggested that articles should not exceed one and a half pages of foolscap.

Articles for publication MUST be accompanied by the name and address of the contributor, together with his signature. The writer of the article shall retain full responsibility for the contents of the article.

It is important that the foregoing paragraph be followed in every detail as it will be impossible to devote the extra time in addition to the editorial chores of editing, re-writing, check-back and proof reading.

The V.M.C. NEWSLETTER will only be able to give the wider coverage to its readers if material submitted can go straight to printing as soon as it comes to hand.

The VICTORIAN MARATHON CLUB is
OPEN TO MEMBERSHIP for any registered amateur athlete.

COSTS \$1.00 per annum for Seniors.
 \$0.50 per annum for Juniors (Under 19)

CHARGES 40¢ Race Fee for each event.

AWARDS Trophy Orders to the first three placegetters in every Handicap, and to the competitor gaining fastest time in each of these events.

 Additional trophies will be awarded to Veteran Runners in selected events.

 The V.M.C. Marathon Championship carries extra prize trophies.

ENTITLES All financial members to share in the awards, receive information issued by the Committee, and the attend V.M.C. Meetings with full voting and electoral rights.

FOR FURTHER INFORMATION DIRECT YOUR INQUIRIES TO THE

HONORARY SECRETARY

of

VICTORIAN MARATHON CLUB.

FRED LESTER,

1 GOLDING STREET

CANTERBURY. 3126

Feature spot in this issue of the VMC Newsletter goes to KEVIN FALLOON, who took two fastest times and a second fastest in the three road runs of our Summer Program. In addition Kevin has been a consistent winner on the track in Interclub over 1 and 3 miles as well as the Steeplechase.

This latter event could well be Kevin's best event and bring him international honours.

Attendances at the three runs on the Two Bridges Course are at the highest figures ever and the standard shows much greater depth than hitherto. Particularly interesting is the number of newcomers and relative youngsters who are pushing their way steadily to the forefront and making some of the old hands look to their laurels.

DAVID MARBURG, COLIN SEDGMAN, TERRY JORGENSEN and one or two others are beginning to show dividends for the keenness and long hours of training they have put in. BRUCE & ALAN HICKS are two others who look like making their weight felt before long.

BARRY SAWYER is back for the shorter track races after injury, ROD MACKINNEY showed glimpses of his old form in the 16 Kilometres, IAN BLACKWOOD is close to regaining his place as one of Australia's top distance men with some excellent wins.

Away on a trip overseas are NEIL RYAN, DAVID LOCK and JOHN CLAXTON, to be joined later by RAY WHITE. They intend to compete as often and as widely as possible while overseas. Just as well they have John with them, he is used to looking after them!

The Australian Marathon will be held in Melbourne on September 26th, 1970, concurrently with the 50 Kilometres Walk. In all likelihood the VMC Winter Program will be much in the same order as last season with the longer grinds spaced four weeks apart. However, it will be a question of dovetailing with the Cross Country Fixtures.

Our Annual General Meeting is likely to be held on the Friday following Easter weekend and we hope that members will give some thought in the meantime to ways in which we can improve our efforts. Officials, or rather the lack of same, is still a problem, especially in track and the long road events.

Coming up as a suggestion last year was the idea for clubs interested in having mid-week twilight or night meetings to include longer runs for the distance men on their program. However, apart from a single occasion, when St. Stephens Harriers put on a Two Miles Event in conjunction with a scratch meeting at Yarra Park late last track season, no club has shown any interest at all. It could well be considered by ourselves to either extend the number of runs during the Summer months, or even take the initiative in promoting a twilight meeting catering for a wider range of events. But this we cannot accomplish without greater preparedness on the part of our members to come forward and act as officials on occasions.

Leaving these thoughts with you over the holiday months until our meeting after Easter the very best wishes for the coming Festive Season and a Happy New Year are extended to you all by your Committee.

FRED LESTER.

SECRETARY - VICTORIAN MARATHON CLUB.

Can't resist this gem (out of a Mexican Newspaper and culled from the Walkers Club Magazine 'Heel and Toe";

'A most apologetic interpreter telling the world's Olympic Press Men - "The high jumpers are too exhausted to meet you gentlemen of the press, but the long distance walkers will be down in a minute."

Also this one by 1956 Gold Medal discus girl Olga Connolly, wife of hammerthrower Harold, on the sex test:

'I told the doctors that if I passed I would become a sex bomb - if I failed, then Harold could have the fifth baby."

WHERE TO ? CAN ANY ATHLETIC PUBLICATION MAINTAIN VIABILITY ?

Athletic periodicals come and go, they fill a definite need, yet never reach even the semblance of financial independence.

The Amateur Athlete, produced some years ago in Victoria by GERRY TICKLE, was virtually given the kiss-of-death when put under the direction of a sub-committee of the V.A.A.A. One desperate attempt to retain it was a rise of Five Shillings (50%) in registration fees to the V.A.A.A., but that did not stop the demise of a good magazine.

MIKE AGOSTINI, this time based in Sydney, was the next to try and after some very hard efforts, it also lost support and limped along.

FRANK McCAFFREY made a valiant attempt to cater for the hard core distance running fraternity, and the Australian Harrier enjoyed good support while it lasted, until Frank could not cope with the financial burden any longer.

RAY FROST was the latest one to try and cater for Australian Athletic readers, but he also cannot keep going on the poor response reflected in insufficient sales. Ray is trying to gain support from the Little Athletics movement to stay afloat.

Thus the story locally. Going overseas, athletic magazines are in a similar predicament unless they can receive subsidy of some kind or another. Journals in Europe receive grants either directly from their Government through a Ministry of Sport, or indirectly through organisations such as Sports Unions. In England, Athletics Weekly, possibly one of the most widely read journals of its kind, is in the fortunate position of its editor being closely connected with the printing and publishing trade and has weathered some rather lean periods over the years.

We in the VMC are well aware of the need for a regular publication as well as the difficulties involved in producing, printing and circulating something regularly. Hence our attempt to give better coverage through our enlarged Newsletter. What was the response to our first enlarged issue?

1. All those who received it thought it was a good job.
2. Only about 50 athletes, apart from VMC members, who have it sent to them as part of their yearly subscription, thought it was worth 20% and bought it.
3. No response from interstate, except for Frank McCaffrey.
4. The total entry for the competition as to whose legs graced the front cover page was four!
(Incidentally, BOB GERARD'S entry, the first received, correctly guessed the owner of the legs as belong to VLADIMIR KUTS.)

Not very encouraging, is it? However, we'll keep going for a while longer, especially since we have been informed by Frank McCaffrey that he has no hope of resurrecting the Harrier for a good while to come.

But here are one or two avenues to try:-

1. Every Club Secretary should subscribe 1 Dollar for the year and make sure in that way that his Club has all the detailed results as well as the information on forthcoming fixtures to pass on to the members of their clubs.
2. Every VMC member should, apart from his own copy of the Newsletter which he has paid for, try to sell at least one more copy to a friend.
3. Every distance runner could do a lot worse than joining the VMC and Have the Newsletter as a matter of course, as well as being entitled to compete in a handicap whenever possible for him to have a run with the Club.

WHAT ARE YOU GOING TO DO ABOUT IT?

YEAH - I KNOW:

BLAME THE EDITOR!!!

RESULTS - V.M.C. ONE HOUR RUN MEETING, MENTONE, OCTOBER 12th, 1969.

2 MILES JUNIOR TEAMS RACE:

| | | | |
|-------------------------|---------|-------------------|-----------|
| 1. BOX HILL A.A.C. | | 1, 2, 3 | 6 Points |
| 2. MENTONE A.A.C. | | 5, 6, 7 (13) | 18 Points |
| 3. COLLINGWOOD HARRIERS | | 4, 8, 14 | 26 Points |
| 4. CHELSEA A.A.C. | | 9, 10, 11 (12) | 30 Points |
| 1. W. SCOTT | 9.41.2 | 8. B. WILSON | 11.04.0 |
| 2. R. KENT | 9.56.8 | 9. N. CROKER | |
| 3. J. PETERSON | 9.57.0 | 10. I. SINCLAIR | |
| 4. A. KEARNS | 10.37.0 | 11. A. NEME | |
| 5. R. DEWHURST | 10.52.0 | 12. T. STRICKLAND | |
| 6. T. BEESLEY | 10.53.0 | 13. G. WILSON | 11.58.0 |
| 7. G. HOLDEN | 10.57.0 | 14. P. MERRETT | 12.04.0 |

D. SMITH, 10.29.6 and S. SUTTER, 11.20.0, ran by invitation.

4 MILES SENIOR TEAMS RACE:

| | | | |
|----------------------------|---------|--------------------------|-----------------------|
| 1. COLLINGWOOD HARRIERS | | 1, 2, 3 (4) | 6 Points |
| 2. BOX HILL A.A.C. | | 6, 7, 9 (10) | 22 Points |
| 3. COLLINGWOOD HARRIERS 2. | | 5, 8, 11 (13) | 24 Points |
| 4. CHELSEA A.A.C. | | 12, 14, 15 (17) | 41 Points |
| Y.M.C.A. | | Did not complete course. | |
| 1. R. HENDY | 19.38.0 | 7. A. GARTLAND | 13. S. GRIFFITH |
| 2. P. O'HARE | 19.57.8 | 8. R. HARBERT | 21.36 14. A. McDONALD |
| 3. U. HUTMACHER | 19.58.8 | 9. G. HALL | 15. T. DAVISON |
| 4. I. MINTER | 20.22.0 | 10. N. DUNSTAN | 16. P. O'BRIEN |
| 5. N. DUFF | 20.54.0 | 11. P. TWINING | 22.34 17. A. JONES |
| 6. R. HARRISON | | 12. G. KING | |

1 HOUR TRACK RUN:

| | <u>3 Miles</u> | <u>6 Miles</u> | <u>10 Miles</u> | <u>Miles, Yds., Feet.</u> |
|-------------------|----------------|----------------|-----------------|---------------------------|
| 1. IAN BLACKWOOD | 14.26 | 29.45 | 50.37 | 11 - 1428 - 2'0" |
| 2. DAVID MARBURG | 15.39 | 32.15 | 55.11 | 10 - 1624 - 1'0" |
| 3. RAY WYATT | 15.38 | 32.15 | 55.11 | 10 - 1518 - 0'8" |
| 4. BRUCE HICKS | 17.10 | 34.29 | 57.15 | 10 - 863 - 0'4" |
| 5. BOB GERARD | 16.50 | 32.28 | 57.04 | 10 - 841 - 0'5" |
| 6. JOHN STAFFORD | 16.54 | 34.46 | 58.52 | 10 - 372 - 0'0" |
| 7. GRAHAM MOON | 16.48 | 34.35 | 59.02 | 10 - 358 - 0'2" |
| 8. BOB SCHICKERT | 18.06 | 36.28 | - | 9 - 1401 - 0'0" |
| 9. JOHN MAHONEY | 18.01 | 37.11 | - | 9 - 774 - 2'5" |
| 10. KEN BUTKO | 18.08 | 38.07 | - | 9 - 674 - 0'2" |
| 11. SAM HILDITCH | 18.06 | 37.46 | - | 9 - 660 - 0'0" |
| 12. GEORGE WILSON | 23.16 | 47.38 | - | 7 - 524 - 2'0" |

Mild and sunny conditions made for a pleasant afternoon and the programme worked along smoothly. However, if nominations were not left until the last moment and team captains made sure of scorers and timekeepers more detailed results could be supplied.

Our thanks go to V.A.A.A. Records Man, KEN TAGGART and the ever present ALF ROBINSON, V.A.A.A. Competition Officer, for their invaluable assistance. Committeemen HARRY LOGAN, BERT ELLIS and SAM HILDITCH were our only regulars available as many of our members were in Sydney for the National Marathon Championship.

RESULTS: 8 KILOMETRES/5 MILES - 2 BRIDGES COURSE - 3rd NOVEMBER, 1969

| Pl. | NAME | Hand. | 1 $\frac{1}{4}$ M. | 2 $\frac{1}{2}$ M. | 3 $\frac{3}{4}$ M. | 5M. | Nett Time | Hand. Pl. |
|-----|-----------------|-------|--------------------|--------------------|--------------------|-------|-----------|-----------|
| 1. | Kevin FALLOON | 1.50 | 6.01 | 12.11 | 18.22 | 24.33 | 22.43 | E 11 |
| 2. | Barry CROCKER | 1.40 | 6.01 | 12.12 | 18.26 | 24.39 | 22.59 | 17 |
| 3. | Roger ELLIS | 2.10 | 6.01 | 12.11 | 18.24 | 24.42 | 22.32 | 8 |
| 4. | Tom KELLY | 2.10 | 6.06 | 12.23 | 18.44 | 25.11 | 23.01 | 19 |
| 5. | Wal ROBINSON | 2.10 | 6.01 | 12.31 | 19.03 | 25.24 | 23.14 | 25 |
| 6. | Geoff GREEN | 2.15 | 6.01 | 12.22 | 19.04 | 25.35 | 23.20 | E 26 |
| 7. | David MARBURG | 2.10 | 6.13 | 12.40 | 19.13 | 25.41 | 23.31 | 28 |
| 8. | Ian LEEDER | 2.10 | 6.12 | 12.39 | 19.13 | 25.48 | 23.38 | 30 |
| 9. | Terry HARRISON | 1.45 | 6.12 | 12.47 | 19.27 | 25.57 | 24.12 | 32 |
| 10. | George CLAXTON | 1.30 | 6.26 | 13.03 | 19.45 | 26.10 | 24.40 | 34 |
| 11. | Bruce HICKS | - | 6.26 | 13.11 | 19.46 | 26.16 | - | - |
| 12. | Fred HOWE | 3.50 | 6.15 | 12.56 | 19.50 | 26.16 | 22.26 | 7 |
| 13. | Col. SEDGMAN | 4.15 | 6.26 | 13.10 | 19.51 | 26.17 | 22.02 | 5 |
| 14. | Kev. SCLOMON | 3.25 | 6.34 | 13.18 | 19.51 | 26.25 | 23.00 | 18 |
| 15. | Max HOLMES | 3.55 | 6.32 | 13.18 | 20.01 | 26.43 | 22.48 | 14 |
| 16. | Kev. ROCK | 3.45 | 6.14 | 13.04 | 19.51 | 26.55 | 23.10 | E 22 |
| 17. | Geoff KING | - | - | 13.18 | 20.09 | 27.04 | - | - |
| 18. | Ken DICKSON | 4.20 | - | 13.21 | 20.20 | 27.09 | 22.49 | 15 |
| 19. | John STAFFORD | 6.10 | - | 13.28 | 20.33 | 27.20 | 21.10 | 3 |
| 20. | Jim CRAWFORD | 2.20 | - | 13.18 | 20.23 | 27.24 | 25.04 | 35 |
| 21. | John BRUCE | - | - | 13.44 | 20.41 | 27.30 | - | - |
| 22. | Geoff HALL | 3.00 | - | 13.32 | 20.40 | 27.36 | 24.36 | 33 |
| 23. | Mike HUBBERT | 5.10 | 6.46 | 13.47 | 20.53 | 27.46 | 22.36 | E 9 |
| 24. | Robert JEFFREY | 4.20 | 6.46 | 13.47 | 20.53 | 27.55 | 23.35 | 29 |
| 25. | Bob SCHICKERT | 4.45 | 7.02 | 14.06 | 21.06 | 28.05 | 23.20 | E 26 |
| 26. | Sam HILDITCH | 5.15 | - | 14.01 | 21.13 | 28.12 | 22.57 | 16 |
| 27. | D PEELE | - | - | 14.27 | - | 28.18 | - | - |
| 28. | Terry JORGENSEN | - | - | 13.53 | 21.23 | 28.29 | - | - |
| 29. | Bernie BENJAMIN | 6.50 | 7.21 | 14.05 | 21.19 | 28.37 | 21.47 | 4 |
| 30. | Alan McDONALD | 6.35 | 7.08 | 14.13 | 21.26 | 28.38 | 22.03 | 6 |
| 31. | A HICKS | - | 6.56 | 14.15 | 21.34 | 28.39 | - | - |
| 32. | Mike CUMMINS | 5.55 | - | 14.10 | 21.25 | 28.39 | 22.44 | 13 |
| 33. | Kev. SKELTON | 5.55 | 6.56 | 14.01 | 21.23 | 29.01 | 23.06 | 21 |
| 34. | Tom DAVISON | 6.10 | 7.08 | 14.23 | 21.52 | 29.23 | 23.13 | 24 |
| 35. | Ross SHARPE | - | - | 14.35 | 22.24 | 29.42 | - | - |
| 36. | Don WOOD | 4.25 | - | 14.12 | 22.03 | 29.55 | 25.30 | 37 |
| 37. | Frank SEDGMAN | - | 7.30 | 15.12 | 22.50 | 30.05 | - | - |
| 38. | Mike O'NEILL | 7.00 | 7.08 | 14.38 | 22.31 | 30.05 | 23.05 | 20 |
| 39. | Rod HEALEY | 7.40 | - | 14.55 | 22.40 | 30.16 | 22.36 | E 9 |
| 40. | Noel ANDERSON | 10.00 | 7.25 | 15.07 | 22.50 | 30.20 | 20.20 | 2 |
| 41. | Alf O'CONNOR | 6.45 | 7.22 | 14.56 | 22.42 | 30.26 | 23.41 | 31 |
| 42. | John CONDON | 5.50 | 7.39 | 15.44 | 23.43 | 31.12 | 25.22 | 36 |
| 43. | C BEAMES | - | - | 15.00 | 23.25 | 31.30 | - | - |
| 44. | Allan JONES | 8.50 | 7.58 | 16.07 | 24.10 | 32.00 | 23.10 | E 22 |
| 45. | Mike PORTER | 12.30 | 7.45 | 15.51 | 23.59 | 32.01 | 19.31 | 1 |
| 46. | Ian BRAY | 7.50 | 8.15 | 16.43 | - | 33.23 | 25.33 | 38 |
| 47. | George WILSON | 15.30 | 9.05 | 18.45 | - | 38.13 | 22.43 | E 11 |
| 48. | B PHILLIPS | - | 9.26 | 19.05 | - | 39.06 | - | - |
| | Alan De VILLE | - | 7.28 | 15.23 | Retired. | | | |

49 starters.

WEATHER: Warm and pleasant.

RESULTS: V.M.C. 12 KILOMETRES/ 7 1/2 MILES - TWO BRIDGES COURSE. 17/11/69

57 STARTERS. WEATHER: Mild, light breeze.

| Pl. | NAME | Hand. | Actual Time | Nett Time | Hand. Place |
|-----|-------------------|-------|-------------|-----------|-------------|
| 1. | RONALD CLARKE | Scr. | 36.06 | 36.06 | 17 |
| 2. | KEVIN FALLOON | 1.55 | 37.41 | 35.46 | 10 |
| 3. | TOM KELLY | 2.10 | 38.12 | 36.02 | E 15 |
| 4. | WALLY ROBINSON | 3.35 | 38.26 | 34.51 | <u>3</u> |
| 5. | TERRY HARRISON | 3.20 | 38.26 | 35.06 | 5 |
| 6. | DAVID MARBURG | 3.00 | 38.54 | 35.54 | E 13 |
| 7. | GEOFF GREEN | 2.55 | 39.35 | 36.40 | 28 |
| 8. | NEIL McLENNAN | 2.30 | 40.00 | 37.30 | 32 |
| 9. | CCLIN O'BRIEN | 3.35 | 40.01 | 36.26 | 27 |
| 10. | CCLIN SEDGMAN | 4.40 | 40.15 | 35.35 | 9 |
| 11. | NEIL PADLEY | - | 40.50 | - | - |
| 12. | JOHN MORRIS | 5.00 | 40.52 | 35.52 | E 11 |
| 13. | BRUCE SULLIVAN | 7.00 | 41.00 | 34.00 | <u>1</u> |
| 14. | PHIL LEAR | 4.50 | 41.08 | 36.18 | 24 |
| 15. | JOHN STAFFORD | 6.00 | 41.13 | 35.13 | 6 |
| 16. | MAX HOLMES | 5.10 | 41.24 | 36.14 | 20 |
| 17. | BRUCE HICKS | - | 41.27 | - | - |
| 18. | GEOFF HALL | 5.50 | 42.03 | 36.13 | 19 |
| 19. | MIKE HUBBERT | 6.50 | 42.10 | 35.20 | 8 |
| 20. | DAVID JONES (Ess) | 7.45 | 42.16 | 34.31 | <u>2</u> |
| 21. | RICHARD JEFFREY | 7.00 | 42.19 | 35.19 | 7 |
| 22. | JOHN WAITE | 4.45 | 42.28 | 37.43 | 33 |
| 23. | MAL KIRKWOOD | 4.55 | 42.50 | 37.55 | 34 |
| 24. | BOB SCHICKERT | 7.20 | 43.35 | 36.15 | 21 |
| 25. | JOHN LAWSON | - | 43.40 | - | - |
| 26. | G. KERR | - | 43.48 | - | - |
| 27. | G KING | 5.25 | 43.49 | 38.24 | 37 |
| 28. | MIKE CUMMINS | 7.35 | 43.52 | 36.17 | E 22 |
| 29. | ALAN HICKS | - | 44.06 | - | - |
| 30. | TOM DAVISON | 9.05 | 44.08 | 35.03 | 4 |
| 31. | ALAN McDONALD | 9.00 | 44.08 | 36.08 | 17 |
| 32. | BERNIE BENJAMIN | 8.10 | 44.27 | 36.17 | E 22 |
| 33. | JOHN VISSER | 5.30 | 44.47 | 39.17 | 39 |
| 34. | SAM HILDITCH | 7.35 | 44.50 | 37.15 | 31 |
| 35. | MIKE HENNESSY | - | 45.04 | - | - |
| 36. | KEVIN SKELTON | 7.55 | 46.00 | 38.05 | 35 |
| 37. | LES LANGMEAD | 9.50 | 46.09 | 36.19 | 25 |
| 38. | NOEL ANDERSON | 10.50 | 46.42 | 35.52 | E 11 |
| 39. | HOWARD HEALEY | 10.50 | 46.44 | 35.54 | E 13 |
| 40. | ALF O'CONNOR | 10.50 | 46.52 | 36.02 | E 15 |
| 41. | DENNIS WATTIE | 9.20 | 47.35 | 38.15 | 36 |
| 42. | GRAHAM MORGAN | - | 47.52 | - | - |
| 43. | PHIL DAVY | 8.05 | 48.21 | 40.16 | 40 |
| 44. | ALLAN JONES | 11.40 | 48.41 | 37.01 | 29 |
| 45. | MURRAY PORTER | 13.00 | 49.20 | 36.20 | 26 |
| 46. | ROY THOMAS | - | 49.45 | - | - |
| 47. | GEORGE SHIPSON | 23.00 | 62.08 | 39.08 | 38 |

GEORGE CLAXTON Retired
 ROGER ELLIS Retired
 P Le ROSSIGNOL Retired
 P FORTUNE Retired
 J. PIESSE Retired
 GRAHAM ANDERSON Retired
 MIKE O'NEILL Retired

MAX OUSTWOOD 44.42. Did not record entry.

VICTORIAN MARATHON CLUB - 16 KILOMETRES / 10 MILES - 30th November, 1969

OLYMPIC PARK - TWO BRIDGES COURSE. 6.15.P.M.

Weather: Cool - damp - humid.

45 Starters.

| Pl. | NAME | HANDICAP | ACTUAL TIME | NETT TIME | HCP. PLACE. |
|-----|------------------|----------|-------------|-----------|-------------|
| 1. | KEVIN FALLOON | 2.55 | 50.26 | 47.31 | 3 |
| 2. | ROD. McKENNEY | 7.10 | 51.47 | 44.37 | <u>1</u> |
| 3. | WAL ROBINSON | 4.10 | 51.59 | 47.49 | 6 |
| 4. | TOM KELLY | 4.35 | 52.07 | 47.32 | E 4 |
| 5. | TERRY HARRISON | 4.25 | 52.44 | 48.19 | 9 |
| 6. | TERRY PHELAN | 4.10 | 53.42 | 49.32 | 23 |
| 7. | COLIN SEDGMAN | 5.10 | 53.45 | 48.35 | 13 |
| 8. | DAVID MARBURG | 5.05 | 54.26 | 49.21 | 22 |
| 9. | COLIN O'BRIEN | 6.30 | 55.14 | 48.44 | 14 |
| 10. | JIM CRAWFORD | 4.30 | 55.27 | 50.37 | 26 |
| 11. | TERRY JORGENSON | 10.50 | 55.33 | 44.43 | 2 |
| 12. | PHILIP HAMER | - | 55.35 | - | - |
| 13. | BRUCE HICKS | 5.25 | 56.10 | 50.45 | 27 |
| 14. | PHIL LEAR | 7.20 | 56.14 | 48.54 | 16 |
| 15. | JOHN STAFFORD | 8.00 | 57.57 | 48.57 | E 17 |
| 16. | NEIL McLENNAN | 4.25 | 57.28 | 53.03 | 30 |
| 17. | MAX OUSTWOD | 9.00 | 57.28 | 48.28 | 11 |
| 18. | DAVID JONES | 9.30 | 57.46 | 48.16 | 8 |
| 19. | RICHARD JEFFRIES | 8.45 | 57.47 | 49.02 | 19 |
| 20. | DON WILLIAMS | 4.35 | 57.58 | 53.23 | 31 |
| 21. | BOB SCHICKERT | 9.45 | 58.54 | 49.09 | 20 |
| 22. | ALAN HICKS | 11.30 | 60.15 | 48.45 | 15 |
| 23. | TOM DAVISON | 12.00 | 60.26 | 48.26 | 10 |
| 24. | JOHN LAWSON | 11.30 | 60.41 | 49.11 | 21 |
| 25. | MICHAEL CUMMINS | 11.45 | 60.42 | 48.57 | E 17 |
| 26. | MICHAEL HENNESSY | 13.20 | 60.52 | 47.32 | E 4 |
| 27. | SAM HILDITCH | 10.30 | 61.38 | 51.08 | 29 |
| 28. | NOEL ANDERSON | 14.30 | 62.44 | 48.14 | 7 |
| 29. | PAUL DUCK | - | 63.04 | - | - |
| 30. | ALF O'CONNOR | 13.30 | 63.14 | 49.44 | 24 |
| 31. | BOB CROKER | 13.50 | 64.38 | 50.48 | 28 |
| 32. | DAVID CROOK | - | 64.45 | - | - |
| 33. | ALAN JONES | 18.05 | 66.36 | 48.29 | 12 |
| 34. | ROY THOMAS | 17.00 | 67.31 | 50.31 | 25 |
| 35. | NORM McLEISH | 17.00 | 73.04 | 56.04 | 32 |

FAILED TO FINISH:-

| | | |
|-----------------|---------------|---------------|
| ALAN McDONALD | JOHN BRUCE | ADRIAN NEVE |
| GEORGE CLAXTON | GREG KING | DENNIS WATTIE |
| BRUCE CALDWELL | GRAEME MORGAN | DAVID BYRNES |
| GEORGE SIMPSON. | | |

OFFICIALS:

F. LESTER. H. LOGAN. M. HOLMES. H. GARDINER. G. WILSON.

AUSTRALIAN MARATHON CHAMPIONSHIP. 1969

by Wally Sheppard

The Australian Marathon was run at Botany, N.S.Wales on Saturday, October 11th. The course was undulating with one fairly sharp hill which had to be negotiated twice as the course consisted of two 13 mile laps.

The race commenced with one circuit of the Randwick-Botany Harriers new \$60,000 all weather track. Conditions were cool at the start, the temperature being in the low sixties with light rain falling.

The leading bunch, in the early stages, comprised 17 runners - HARRISON, FARRINGTON, COBURN, GRIBELE, POWER (all N.S.W.) RYAN, PHELAN, BRUCE, WHEELER, KELLY, HOWE, LOCKE, MCKINNEY (all Victorians) CHAPMAN, JAMES, (Both S.Aust.) VINE (W.Aust.) and MANNERS (Q'land)

The 3 Miles mark was passed in 15.56. The lead changed frequently and all candidates with winning chances were watching each other closely. The same pack continued through 4 Miles (21.25), 5 Miles (27.00), 6 Miles (32.14), and 7 Miles (37.45).

The next runner was WIJNGAARDEN who went through the 7 Miles point 39 seconds later. Shortly after GRIEBLE, CHAPMAN and JAMES were unable to sustain the pace and fell back while the leaders passed 8 Miles in 43.05 and 9 Miles in 48.23.

At this stage HOWE and KELLY dropped off the main bunch as the 10 Miles came up in 53.27, where WHEELER, POWER and BRUCE also started to lag as the sharp hill was encountered for the first time. However, with strong running, these three regained the leaders by the time 11 Miles was covered. By this time the light rain has ceased and conditions became more difficult as the humidity increased sharply.

An unfortunate incident occurred at the half-way mark where the leaders re-entered the athletic field and completed a lap of the track before going out on the road for a further circuit. As the leaders were leaving the track FRED HOWE, 440 yards behind, was entering the arena and collided with ROD MCKINNEY. As a result he was unable to continue, a disappointing end to his trip.

By the time the 15 Miles Point was passed (71.07) the leaders had dwindled to HARRISON, FARRINGTON, RYAN, WHEELER, VINE and MANNERS with a gap to BRUCE, PHELAN, MCKINNEY and DAVE POWER who was showing some of the youngsters how it was done.

The leaders at 18 Miles (102.45) were down to three - FARRINGTON, RYAN and MANNERS. The latter is an ex-KIWI with plenty of Marathon experience in the shaky isles. Next came VINE and WHEELER (103.26) followed by BRUCE (104.00).

FARRINGTON then applied pressure and drew away from RYAN who in turn dropped MANNERS and at 20 Miles the position was: FARRINGTON, 1:48:16; RYAN - 1:48:24; MANNERS, 1:48:36; WHEELER, 1:49:19; VINE, 1:49:23; BRUCE, 1:50:00; KELLY, 1:51:00; WIJNGAARDEN, 1:52:05.

From here on FARRINGTON asserted his superiority and went on to win clearly from RYAN who was able to hold off a determined challenge from MANNERS. BERNIE VINE (ex Melbourne, Now W.Aust.) ran a tremendous race, pushing himself to the limit all the way.

An interesting sidelight regarding BERNIE was the difficulty he had in obtaining a Medical Certificate confirming his fitness. The doctor to whom he went was not satisfied and sent him to hospital for detailed analysis of his blood pressure, at considerable expense to BERNIE, before he was finally given the O.K. Another example of the futility of Medical Certificates and cursory examinations prior to Marathon Races.

The Victorian Team ran superbly and many complimentary remarks were passed about their performance in winning the Teams Pace. All ran themselves into the ground and IAN WHEELER'S effort in fighting off leg cramps was courageous.

In the final analysis, Victoria's strength in depth was too much for the other states, while FARRINGTON'S brilliance in the final stages confirmed him as second only to Australia to DEREK CLAYTON.

by Frank McCaffrey.

JOHN FARRINGTON SAID AFTER THE RECENT A.A.U. Marathon that it would have been a different story had DEREK CLAYTON been fit to run. Had this been the case and CLAYTON had won it would have been just another Victorian clean sweep. But, of course, this was not the case and JOHN FARRINGTON ran the opposition off their feet and was one of the few competitors who was not distressed after the race. NEIL RYAN tried very hard indeed but could not match FARRINGTON when he decided to go. New Zealander, TERRY MANNERS, running for Queensland handed out a shock to all by his very good third placing. Another shock was HARRISON'S packing it in after 14 or so.

The Victorian team and individuals dominated the race and it would have been a poor show without them. FRED HOWE and ROD MCKINNEY collided head on at the track entrance at the halfway mark. FRED'S effort came to an end after this and he called it a day, being bruised and quite dazed. It was bad luck for FRED who seemed to be going quite well at the time.

The results show how badly N.S.W fared, apart from FARRINGTON. The standard in Sydney seems to have slipped even further. FRANK CLARK, the N.S.W. title winner was unable to start owing to some sort of "wog".

South Australia too were disappointing as one can see from the results.

The weather was quite ideal with light rain in the first 20 minutes. From then on it was calm and overcast with temperatures in the low 60's.

Most visitors were polite in their comments about the course, but I did hear a few mumbles of discontent, especially about the number of side streets from which cars would dart out unexpectedly and without consideration for the runners. Only the main intersections were manned. The slightly hilly nature of the course must have had some effect as most finishers were totally exhausted.

Race organisation was good and the only two "boobs" seemed to be the HOWE-MCKINNEY collision and a frustrated and annoyed WHEELER having to wait while a salt tablet was unwrapped for him at the 22(?) miles station.

All competitors were later entertained at the Randwick-Botany Club, where a Smorgasboard was served and much beer was consumed and the race re-run a hundred times. On Sunday, most of the visitors were again treated to a relaxing day at the Spit Sailing Club.

WALLY SHEPPARD, the Victorian Manager, as expected, did a wonderful job with his team.

RESULTS -1969 MARATHON CHAMPIONSHIP OF AUSTRALIA. BOTANY - SATURDAY 11/10/69

| Pl. | Name | State | Time | Pl. | Name | State | Time |
|-----|---------------|----------|-----------|-----|-------------|----------|-----------|
| 1. | J. Farrington | N.S.W. | 2.21.02.8 | 13. | B. Chapman | S.Aust | 2.40.00.0 |
| 2. | N. Ryan | Vict. | 2.24.08.6 | 14. | J. Boggis | S.Aust | 2.42.01.0 |
| 3. | T. Manners | Q'ld | 2.25.22.6 | 15. | R. Doyle | N.S.W. | 2.42.34.0 |
| 4. | B. Vine | W.Aust. | 2.26.33.0 | 16. | T. Newton | Q'ld. | 2.43.00.0 |
| 5. | P. Bruce | Vict. | 2.27.56.0 | 17. | J. Bowers | NSW.Ind. | 2.44.05.0 |
| 6. | T. Kelly | Vict. | 2.28.49.0 | 18. | C. Parry | Q'ld. | 2.46.54.0 |
| 7. | I. Wheeler | Vict. | 2.32.06.0 | 19. | G. Coburn | NSW.Ind. | 2.48.25.0 |
| 8. | K. Falloon | Vic.Ind | 2.32.21.0 | 20. | I. Hassall | N.S.W. | 2.49.31.0 |
| 9. | J. Scott | N.S.W. | 2.36.02.0 | 21. | J. Crawford | Vic.Ind. | 2.57.38.0 |
| 10. | D. Power | NSW.Ind. | 2.36.22.0 | 22. | M. Hubbert | Vic.Ind. | 3.04.16.0 |
| 11. | R. Gribble | N.S.W. | 2.38.23.0 | 23. | J. Jeffery | Vic.Ind. | 3.05.08.0 |
| 12. | W. James | S.Aust. | 2.39.13.0 | | | | |

TEAMS RESULT.

| | | | |
|----|-----------------|---------------|-----------|
| 1. | VICTORIA | (2 - 4 - 5) | 11 Points |
| 2. | NEW SOUTH WALES | (1 - 6 - 7) | 14 Points |
| 3. | QUEENSLAND | (3 - 11 - 12) | 26 Points |
| 4. | SOUTH AUSTRALIA | (8 - 9 - 10) | 27 Points |

| <u>TRIPLE JUMP</u> | | | | <u>DISCUS THROW</u> | | | |
|--------------------|--------------------|-------------|---------|----------------------|-------------|---|-------|
| W | 53'2" | McGrath, | M 6/12 | 150'8" | Lunt, | R | 22/11 |
| W | 51'1" | Commons, | D 6/12 | 140'9" | Rigby, | R | 6/12 |
| W | 51'0" | Commons, | C 6/12 | 137'11 | Gusbeth, | A | 22/11 |
| W | 48'7" | Bentley, | I 8/11 | <u>JAVELIN THROW</u> | | | |
| W | 48'7" | Douglas, | J 6/12 | 228'11 | Buckland, | R | 15/11 |
| W | 47'9" | Andison, | I 18/10 | 217'4" | Steiner, | P | 29/11 |
| | 46'10 | Drew, | M 22/11 | 213'9" | Haller, | W | 29/11 |
| W | 46'9 $\frac{1}{2}$ | Moore, | T 1/11 | 209'5 $\frac{1}{2}$ | Andrianakis | A | 29/11 |
| W | 46'5 $\frac{3}{4}$ | Buckland, | R 8/11 | 204'5" | Gusbeth, | A | 29/11 |
| | | | | 198'6" | Hancock, | T | 15/11 |
| | | | | 190'2" | Farr, | A | 29/11 |
| | | | | 189'0" | Burnett, | J | 1/11 |
| | | | | 185'2" | Fahey, | T | 29/11 |
| | | | | 183'11 | Baker, | R | 18/10 |
| | | | | 183'11 | Dillon, | C | 18/10 |
| | | | | <u>POLE VAULT</u> | | | |
| | 15'9 $\frac{1}{2}$ | Boyd, | R 8/11 | <u>HAMMER THROW</u> | | | |
| | 15'1" | Johnson, | E 29/11 | 185'6" | Leffler, | R | 29/11 |
| | 12'0" | Beal, | R 22/11 | 173'0" | Edwards, | M | 6/11 |
| | 12'0" | Hoare, | R 15/11 | 172'9" | Braden, | G | 6/11 |
| | | | | 158'9" | Puopolo, | A | 29/11 |
| | | | | 153'5" | Regos, | N | 6/11 |
| | | | | 136'9" | Glass, | R | 15/11 |
| | | | | 135'6" | Crupi, | J | 29/11 |
| | | | | 130'6 $\frac{1}{2}$ | Pollock, | A | 15/11 |
| | | | | <u>SHOT PUT</u> | | | |
| | 54'1 $\frac{1}{2}$ | Rigby, | R 6/11 | | | | |
| | 45'6 $\frac{1}{2}$ | Lunt, | R 6/11 | | | | |
| | 44'9" | Malachoff | G 22/11 | | | | |
| | 44'4 $\frac{1}{2}$ | Fildes, | R 15/11 | | | | |
| | 44'3" | Rose, | G 22/11 | | | | |
| | 44'2 $\frac{1}{2}$ | Soucek, | P 6/12 | | | | |
| | 43'5 $\frac{3}{4}$ | Wills-Cooke | P 18/10 | | | | |
| | 43'4" | McCulloch, | J 22/11 | | | | |
| | 43'1 $\frac{1}{4}$ | Villani, | R 29/11 | | | | |

No walking results are included for two reasons:

- (a) Results have not been received from Poplar Road Ground and the Ballarat Local Centre.
- (b) Some metropolitan grounds are not timing competitors beyond first place.

THE RUNNER (For GEOFF WATT)

He climbed into the land of pain
High above his peers,
And if there was not any gain
What use to live with fears?

On winter nights, in pouring rain,
Beneath a blazing sun,
At all times, in all weathers,
He lived his life to run.

He was seen on darkest nights
When lights in windows shone,
A knock at door, a cup of tea
he'd ask for - then be gone.

He was here but now he's gone,
And what is left behind?
Do efforts and achievements
Live on in the mind?

In frost and ice his body lay
Whom no terrors could daunt.
His stocky figures lives unseen
Wherever runners haunt.

Who once climbed, the summit
Of the Mount of Snows to gain,
His spirit will be with us
In sun and wind and rain.

What was earnt at so much cost,
Can it disappear?
The fruit of his endeavours will
Not lightly leave us here.

- By Alf O'Connor.

WHAT DO YOU MAKE OF IT ? ? ?

BOUQUETS AND BRICKBATS FROM FREDDIE LESTER.

Look out you Victorian athletes, or you'll be the most unpopular people in the Commonwealth! Praise is very nice to hear, and it does wonders for your self-esteem, as long as one retains a sense of proportion to go with it!! A little less of "we are the greatest" is called for at the present time, there are still vast areas left for improvement.

On the track, we are lamentably weak at almost every event demanding high efficiency in technique, throwing events, hurdles and steeplechasing in particular, and in distance events we are not exactly setting the world on fire. Sure there is the odd one or two to make us look good but we cannot talk of strength until we have four or five more athletes backing them up at close to top standard.

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The rapid rise in numbers of registered athletes and the expected influx from graduates in Little Athletics (will they have L.A. after their names?) surely must be beginning to stir the minds of senior athletes and club officials to take stock of present methods and ideas and ways and means of adjusting them to cope with demands of increased competition.

The time is also rapidly approaching when more than one venue will be in use on the one day in Winter, as dressing and sanitary facilities to accommodate all are rare indeed. Track and Field were forced to decentralise some years ago and are still having teething troubles, it takes a while to adjust so we ought to take a good hard look at the position this coming Cross Country and Road Season.

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