

A.A.S.A. STATE MARATHON CHAMPIONSHIPS

SUNDAY JUNE 11th 1989

RESULTS

OPEN MEN

<u>PLACE</u>	<u>NAME</u>	<u>NO.</u>	<u>TIME</u>
1	M BERTLESMEIR	1051	2:31.51
2	J PETROVIC	1015	2:32.01
3	S GUY	1040	2:37.40
4	N BRAY	1041	2:38.59
5	M OATEY	1048	2:41.57
6	D KEWLEY	1083	2:44.01
7	H DEARNLEY	1067	2:45.12
8	S DUNN	1049	2:47.02
9	L HANAFIN	1084	2:50.33
10	P WEBBER	1056	2:52.30
11	M ROBERTS	1092	2:53.16
12	J COLLINS	1074	2:54.53
13	T DORNIN	1044	2:55.02
14	S BRZEZINSKI	1054	3:02.57
15	L SMITH	1072	3:04.27
16	J GRICE	1087	3:08.46
17	S LEWIS	1066	3:20.52
18	L SAMPSON	1081	3:22.20
19	G ALLEN	1071	3:25.02
20	D COX	1090	3:33.09
21	P BLUMBERG	1043	3:33.47
22	C RODGERS	1069	3:40.51
23	B THIELE	1052	3:53.19
24	P DOHNT	1076	4:07.27

OPEN WOMEN

1	T FENTON	1091	2:54.31
2	M WHITEHORN	1073	2:58.11
3	M GRICE	1059	3:07.29
RAN 35 KM	R HEWITSON	1088	2:54.00

Source: A.H. Newsletter, July 1989

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RESULTS

VET MEN

<u>PLACE</u>	<u>NAME</u>	<u>NO.</u>	<u>TIME</u>
1	T MITCHELL	1078	2:38.39
2	T McCOOL	1055	2:40.47
3	K GLENHOLMES	1058	2:45.29
4	A COCKSHOT	1046	2:46.45
5	R HINE	1068	2:54.15
6	R TAGGART	1086	2:54.53
7	D EDYIEAN	1079	2:58.02
8	J HARNETT	1060	2:58.39
9	M ADCOCK	1047	3:12.50
10	P SMITH	1061	3:14.22
11	G VENUS	1062	3:22.20
12	R BENNETT	1073	3:25.22
13	P WORLEY	1086	3:30.38
14	K MILLARD	1045	3:53.19

VET WOMEN

1	M BEVAN	1063	3:38.30
2	S WORLEY	1085	4:07.27

U15 Boys 4km: Frankston mentor Con Burko looks to have another good one in Phillip Sly who ran a strong 12:49 off a suicidal 3:50 first kilometre.

U15 Girls 3km: Debbie Walsham, who had won a couple of bronzes in previous U19 Nationals, Came back successfully to her correct age group in holding out impressive Nicole Duffill and Kirsty Longford. At 10:25, they looked like they were flying.

Marathon (West Lakes, Sunday, 11 June, Flat 21.1km loop, cool and windy)

Men: 1. Mike Bertelsmeier (AH) 2:31:51, 2. Joe Petkovic (AH) 2:32:01, 3. Steve Guy (Mildura) 2:37:40, 4. Trevor Mitchell (SD) 2:38:39, 5. Noel Bray (TTG) 2:38:59, 6. Tony McCool (WD) 2:40:47, 7. M. Oatey (Unatt) 2:41:57, 8. Doug Kewley (TTG) 2:44:01, 9. Hugh Dearnley (Whyalla) 2:45:12, 10. Ken Glenhones (EH) 2:45:29.

Women: 1. Trudy Fenton (WD) 2:54:31, 2. Mollie Whitehorn (AH) 2:58:11, 3. Margaret Grice (SD) 3:07:29.

This was the most exciting SA marathon since its 1920 inception with consistent 2:25 runner Joe Petkovic tipped to extend his unique six year winning streak.

A 12-strong pack stayed intact for much of the early going with individual breakaway attempts all but ignored as the wind gusted inconsiderately.

By 25km Petkovic and relative unknown Mike Bertelsmeier were locked in a bitter

struggle which would cost them their health later.

Bertelsmeier had lost to the favourite by a minute in a half-marathon the previous month so spectators were waiting for him to "break".

However past 35km it was apparent they both wanted the title badly as first one, then the other, picked up the pace in vain attempts to build a lead.

Unbeknown to the following horde, Petkovic suffered a stress fracture in these latter stages and Bertelsmeier a painful hip displacement.

With a kilometre left, Petkovic surged eight metres clear and most assumed it was all over.

However, with the finish in sight, Bertelsmeier drew level and then eked out a 40 metre cushion over the last 400 metres.

Although the winning time was the slowest since Grenville Wood's 1974 debut of 2:37 and the field the smallest since the late 1970s, all who witnessed that two-man war have a special memory to cherish.

By contrast Trudy Fenton's 2:54 "training run" was stress-free. Defender Mollie Whitehorn, a proper veteran (40 plus), was in a threatening position throughout but Fenton never left her any pieces to pick up.

The State 8km Cross-Country Championship on Sunday, 9 July, proved to be the best yet title event in terms of quality and depth.

Only Kerry O'Brien had ever broken 25 minutes in winning a SA five mile (8km) cham-

pionship and that was in the 1960's!

Pre-race favouritism was shared by state 10km road champ Nick Brown, fresh from a seventh placing in the national 15km, and junior cross-country international Allan Carman.

However, it was 1988 Australian steeple titleholder Brendan Hewitt and City-Bay winner Ray Bryant who took up Brown's early hard-driving challenge for the first 2km lap.

By 3km through (8:38), Brown was clear and using his 14:05 5000m speed-endurance to sustain him.

Carman, preparing for his marathon debut at Gold Coast, came through late in the race as an astounding eight runners joined O'Brien as sub-25 minute performers.

Encouraging to see were Commonwealth Games steeple hope John Lisiewicz (5th), national U16 3000m record-breaker Brett Cartwright (7th) and 20th placegetter at the World Junior Cross-Country John Kavanagh (8th).

David Graham, a 4:04 miler, was a solid 11th in one of his last starts before joining national 800 bronze medallist Rod Marks on scholarship at Alabama.

Yolanda Budich, 19, who contested the World Junior Championships 10,000m last year, made it four 8km titles in a row (28:24). Only dual international Maureen Moyle has ever achieved such dominance.

Two weeks later, Budich recorded a personal best of 9:28 for 3000m to boost her national junior cross-country hopes.

New products

No leisurely stroll

A new category has recently been added to many fun runs across America to cater for the new and rapidly developing option of taking your child along for the run.

An idea spawned from the dilemma of trying to combine training with the needs of young children has now become the newest fitness associated product in the US.

No longer are mums and dads confined indoors tending young children when their thoughts might be elsewhere dreaming of an idyllic run along the beach or a stroll through the park.

With the design and development of the Super Stroller suitable for all terrain running or walking, parents are now able to combine their training with that of parenting and babysitting.

The ultimate parental freedom machine has been developed over the past five years by an avid runner turned

parent, who realising the constraints his new role as a father would place on his fitness level, designed a new style of baby stroller which would enable him to combine his two passions.

Unlike conventional pushers, the unique three 20 inch wheeled design of the new pusher enables easy access over all



terrains including sand, gravel and grass with gutters and potholes easily negotiated, whilst baby is securely fastened into a strong nylon seat by a double webbed seat belt strap.

The Super Stroller is constructed of chrome plated tubular steel, runs on

standard 20 inch bicycle wheels and tyres and features well designed arm guards and foot guard fender over the three wheels, brake locks, safety wrist strap along with cushion grip handle and a large capacity carry pouch.

Although originally designed for the running family, the design of the Super Stroller fits superbly into the lifestyle of

any active family that wishes to include all members in their leisure pursuits.

No longer does one member of the family have to stay behind when any activity is planned. Australians can now join the

thousands of Americans who own and use this newest innovation in fitness and training with the release of the Super Stroller.

Trade and personal enquiries can be directed to: Circuit Manor Pty Ltd, (03) 529 5568.