

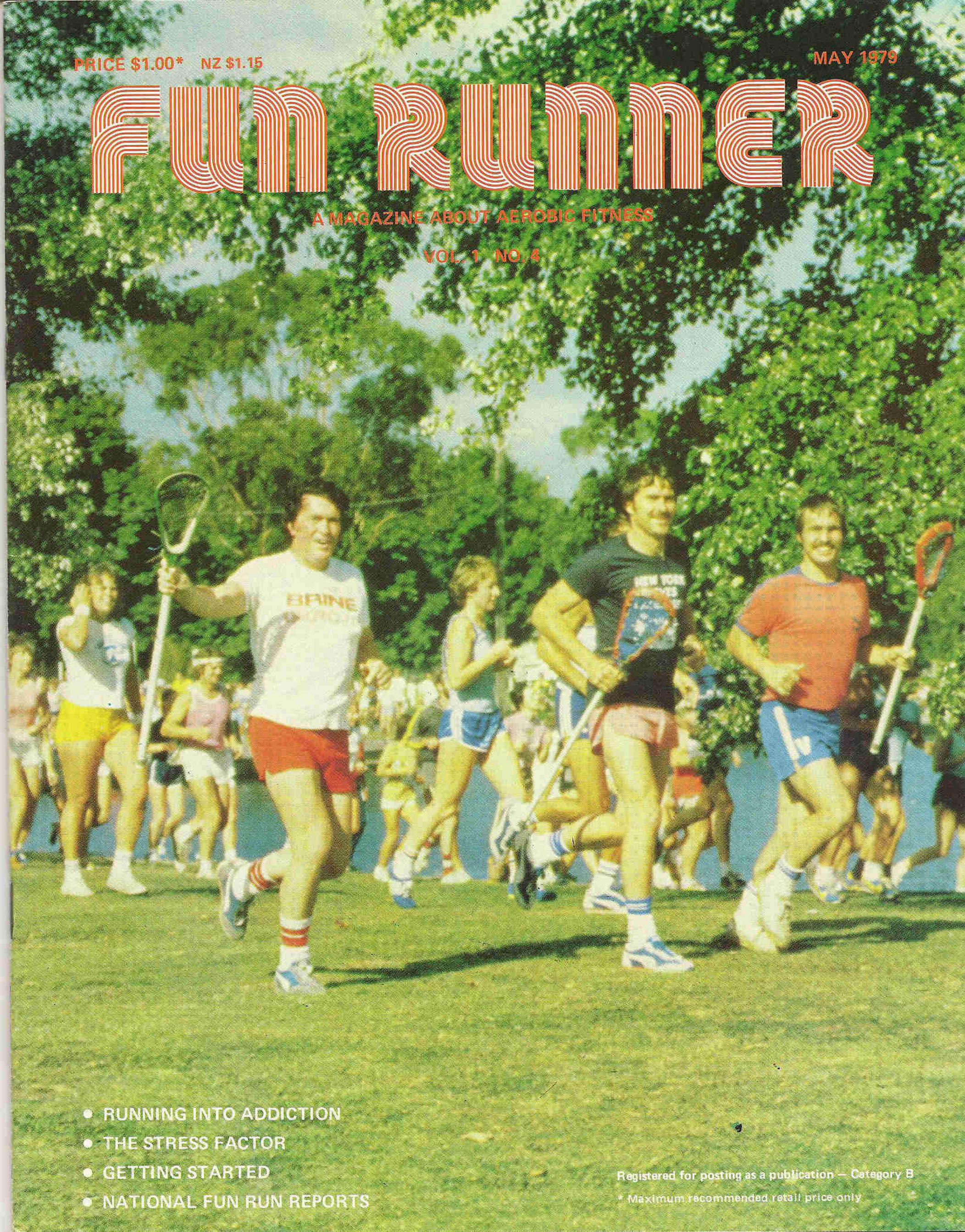
PRICE \$1.00* NZ \$1.15

MAY 1979

FUN RUNNER

A MAGAZINE ABOUT AEROBIC FITNESS

VOL. 1 NO. 4



- RUNNING INTO ADDICTION
- THE STRESS FACTOR
- GETTING STARTED
- NATIONAL FUN RUN REPORTS

Registered for posting as a publication — Category B

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Harbord Marathon

by KERRY DOWLING

It's stimulating just to be present at the start of the Harbord Marathon, with people scurrying around talking in hushed, excited tones. It is a little after 4 am and the race commences in darkness at 5.

In the cool conditions which are almost guaranteed at this hour, 325 lined up at the starting line. Of these 276 would finish, which is a good number considering another marathon was held the week before in Canberra in which quite a few Sydney athletes competed.

Last year's winner, Andrew Lloyd, shot to the lead from the start, and looked determined to hold his own and make it two in a row, but he faded badly just after halfway and finally withdrew. This left Harry Ward running very strongly out front, being chased by Bill Carlson (Hills District Joggers). Third spot was being fought out by a bunch of five comprising Geoff Thorsen, Steve Pollard, R. Lindsay, Steve Murray and Peter Goulding.

Murray and Pollard broke from the

bunch and were pulling in the leaders, but Ward managed to hold his pace and finished in 2.31.27. Only 40 seconds behind came Bill Carlson 2.32.07 with Steve Murray sprinting in just after him in 2.32.26 to take 3rd spot in a thrilling race with Pollard (2.32.37).

In 47th place Sue Hill was first woman home (2.59.54) though just getting over a bout of 'flu. We can expect Sue to run under 2.50 with all things being well in the future.

No less than *eleven* women finished this event. They were: Sue Hill (47th) 2.59.54; Wendy Stephenson (88th) 3.08.44; Mary Tindale (95th) 3.09.38; B. Sheens (130th) 3.21.45; Jean Medlock (131st) 3.21.57; Moira Main (167th) 3.28.13; J. Sutton (198th) 3.37.58; Lois Hamilton (219th) 3.52.49; Gloria Kennedy (263rd) 4.38.50; Robyn Atkins (266th) 4.40.07 and G. McConnell (270th) 5.07.32. I have proposed marriage to most of these ladies, without success (maybe I don't run fast enough). Keep at it, girls. I think you are all just fantastic!

The only criticisms heard after the event were that no time calls were given at any stage during the race and that there were no marshalls on street corners near the finish; this can be confusing to a dazed runner clutching at images through glassy eyes.

The Harbord Club has to be one of the keenest clubs around, and this probably accounts for the lack of officials as virtually every member runs. Perhaps next year they may be able to rope in a surf club or community group to assist in the organisation of the race.

The finish line was typical of the Harbord Diggers' warmth and hospitality with cold drinks, cups of tea, coffee, biscuits and sandwiches—all you could want. Well done, Harbord runners. ≠

(Full results on page 44)



AT GOSFORD—STEEL BEVERIDGE (right) looks intent on finishing this one, but both runners seem aware of Tom Gillis and his camera.

FUN RUN REPORT

CONCORD

ROTORACT FUN RUN

APRIL 29

by FRANK McCAFFREY

Andrew Lloyd missed out on the Fiji trip at Gosford on April 22 by running 2nd to Brian Morgan but made amends at Concord a week later by taking out this 8km Bay to Bay race and defeating clubmate Wayne Brennan and Dennis Nee.

It was a good race and not without a few long hills. Lloyd set the pace and led all the way. There were something like 500 runners—who included the Mayors of Burwood, Concord and Strathfield. Police and officials did an excellent job in race control. The race HQ was at Cabarita Park, a scenic spot where people watched in bright sunshine.

Star female again was Wendy Stevenson, the brilliant kid from Go-Jog. Ernst Krenkels was the best over-40 with ease. This run did not include an over-50 category, nor were school kids catered for. Some sort of arrangement needs to be made whereby fun runs have uniform categories and recognise merit when it is shown. A schoolboy ran in the first six at Concord for no recognition or reward. I personally thought that his performance was better than the winner's. ≠

RESULTS OF HARBORD DIGGERS MARATHON

(Report on page 5)

H. Ward 2.31.27; B. Carlson 2.32.07; S. Murray 2.32.26; S. Pollard 2.32.37; R. Lindsay 2.33.25; P. Goulding 2.33.46; G. Thorsen 2.35.17; C. McLean 2.37.26; A. Watson 2.39.20; T. Baty 2.42.16; M. Cull (1st U/19) 2.42.25; S. Bridger 2.43.41; R. Parkes 2.44.59; K. Heinecke 2.45.30; B. Turner 2.46.44; A. Batchelor (1st O/40) 2.47.23; I. Irvine 2.47.36; R. Higley 2.49.13; B. Leeson 2.49.17; C. Davies 2.49.55; F. Howe 2.50.00; C. Richardson 2.51.07; G. Coulter 2.52.28; A. Jones 2.52.59; R. Osborne 2.53.06; L. Ryan 2.53.06; F. Neilson 2.54.13; E. Garland 2.54.26; B. Dennett 2.54.29; N. Burly 2.54.37; M. Halliday 2.54.37; C. Sidebottom 2.54.48; R. Dowd 2.55.10; F. Kalayzich (15 yrs) 2.55.22; J. Daffy 2.55.37; R. Costick 2.55.40; K. Proctor 2.55.51; P. Logan 2.56.15; M. Hughes 2.56.29; E. Constable 2.56.32; M. Pinfold 2.57.15; L. Gapps 2.57.39; F. Ditcham 2.57.54; K. Dowling 2.58.24; G. Fitzgerald 2.58.56; R. Fisher & D. Glendenning 2.59.32; S. Hill (1st woman) 2.59.54; D. Marrett 3.00.02; B. Massingham 3.00.02; T. Sapwell 3.00.10; R. Smith 3.00.14; G. Love 3.01.37; L. Potter 3.02.09; J. DeGoede 3.02.15; P. Ehrich 3.02.37; D. McCarthy 3.02.47; J. Cavanagh & N. Clements (1st O/50) 3.02.52; C. Bran 3.02.58; B. Piggott 3.03.03; G. Miller 3.03.20; D. Kennedy (jnr) 3.03.38; I. Campbell 3.03.42; B. Jackson 3.04.15; B. Dillon 3.04.20; L. Wilson 3.04.25; G. McGrath 3.04.25; M. Fenlon 3.04.35; S. Reynolds 3.04.50; K. Swift 3.04.58; R. Berrey 3.05.18; A. Cole 3.05.30; J. Leisten-schneider 3.05.35; C. Burtonshaw 3.05.42; M. Langworthy 3.05.57; J. Tickell 3.06.13; D. Wallace 3.06.35; D. Markulin 3.07.03; A. Marcot 3.07.13; H. Boltz 3.07.36; P. Krier 3.08.05; L. May 3.08.18; P. Jenkins 3.08.19; R. Park 3.08.21; G. Wilson 3.08.26; C. James 3.08.29; D. Milan 3.08.30; A. Harris 3.08.39; W. Stephenson (2nd woman) 3.08.44; B. Carr 3.08.52; F. Horlacher 3.09.06; P. Halcrow 3.09.16; K. Mobbs 3.09.21; J. Milne 3.09.24; R. McGuiness 3.09.28; M. Tindale (3rd woman) 3.09.38; P. Mooney 3.10.35; V. Gerada 3.10.44; M. Dalli 3.10.51; R. Donaldson 3.11.11; C. Davidson 3.11.23; D. Robertson 3.11.30; J. Yardley 3.11.55; B. Westwood 3.12.11; H. Blue 3.12.35; D. Partridge & J. Allport 3.12.47; N. Koikos 3.13.35; G. Boulton 3.13.45; J. McIntosh 3.13.49; G. Burney 3.14.51; A. Warner 3.15.13; G. Gardener 3.15.17; C. McDonald 3.15.53; P. Keys 3.16.12; D. Mitchell 3.16.26; R. MacPherson 3.16.32; J. Lee 3.16.58; W. Almond 3.17.39; B. Etherton 3.18.13; O. Bakos 3.18.46; J. Linton 3.18.46; P. Brown 3.19.06; E. Warner 3.19.33; F. Byrne 3.19.48; J. Edwards 3.20.05; M. Payne 3.20.25; O. Duldisson 3.21.16; L. King 3.21.25; P. Primo 3.21.27; L. Ingenito 3.21.31; B. Sheens (fem) 3.21.45; J. Medlock (fem) 3.21.57; I. Sattler 3.21.57; R. Wardell 3.22.17; L. Beyen 3.22.49; J. Wiseman 3.23.04; P. Sanger 3.23.08; P. Hatfield 3.23.16; C. Xerri 3.23.17; P. Welch 3.23.21; K. Mason 3.23.29; P. Harris 3.23.31; T. O'Conner 3.23.34; D. Morgan 3.23.51; D. Kennedy (snr) 3.23.57; B. Robertson 3.24.04; D. Byrne 3.24.07; P. Doncas 3.24.07; D. Wylie 3.24.17; A. Williams 3.24.46; L. Smith 3.24.47; M. Small 3.24.37; S. Foote 3.24.49; R. Kennedy 3.24.59; D. Gilchrist 3.25.07; C. Jones 3.25.22; L. Smith 3.25.22; J. Hargreaves 3.25.26; P. Haren 3.25.31; R. Reece 3.25.49; P. Robertson 3.25.51; J. Kerr 3.25.51; P. Daffy 3.26.04; G. Turner 3.26.06; W. McCrorie 3.26.51; B. Kilbourn 3.27.03; J. Taylor 3.27.40; M. Main (fem) 3.28.13; R. Singer (oldest—66 yrs) 3.29.01; M. Pajo 3.29.16; B. Marshall 3.29.19; R. Briggs 3.30.06; J. Hornsby 3.30.18; F. Back 3.30.36; B. Peters 3.31.45; R. Bonsar 3.31.46; D. Smith 3.32.55; A. Cameron 3.33.39; J. Broadbent 3.33.48; M. Pickering 3.33.49; B. Peterson 3.33.54; W. Carel 3.33.56; A. Walsh 3.34.17; C. Young 3.34.21; P. O'Loughlin 3.34.24; P. Marshall 3.34.24; M. Woods 3.34.56; W. Courtney 3.35.26; L. Carey 3.35.29; B. Morrison 3.35.58; B. Pegrum 3.36.06; G. Grace 3.36.17; R. Whiteman 3.36.24; K. Moxham 3.36.33; A. Wilton 3.36.48; C. Cousins 3.36.52; G. Russell 3.37.17; S. Daher 3.37.58; J. Sutton (fem) 3.37.58; S. Thompson 3.40.17; M. White 3.40.46; J. Parkes 3.41.11; G. Peters 3.41.43; J. Whale 3.41.57; C. Taylor 3.43.02; S. Beveridge 3.43.34; S. Scutts 3.43.46; B. Little 3.43.48; M. Westermellor 3.43.50; A. Chivers 3.45.49; L. McEarchern 3.46.00; S. Beevor 3.46.12; G. Gorgenyi 3.47.08; P. Woodford 3.47.08; G. McConnell 3.48.50; J. Percy 3.50.08; S. DeJong 3.50.24; D. Stewart 3.52.18; F. Pearson 3.52.18; L. Hamilton (fem) & C. Hamilton 3.52.49; S. Fraser 3.53.56; K. Saw 3.54.15; J. Harrison 3.54.04; J. Hilton 3.54.27; R. Pillion 3.54.27; J. Pillion 3.54.59; L. White 3.55.41; J. Nevin 3.55.53; B. Stuart 3.56.43; J. Hannan 3.57.11; D. Cahill 3.58.17; W. Quirk 3.58.38; D. Hooper 3.58.46; M. Whitely 3.58.46; E. Dwyer 3.59.15; J. Wallace 4.00.00; R. Anderson 4.03.28; J. Hart 4.04.08; R. Myors 4.06.34; P. Clarkson 4.07.10; D. White 4.08.28; J. Blazina 4.08.36; J. Rowe 4.09.17; M. Mikalich 4.09.17; R. Edmonds 4.09.46; R. Ivers 4.10.48; R. Stevens 4.12.07; R. Hayward 4.12.07; B. O'Connell 4.16.51; G. McCabe 4.16.55; D. Garlick 4.17.04; B. West 4.20.11; A. Manner 4.21.00; D. Campbell 4.23.36; J. Barnes 4.23.36; R. Holmes 4.23.43; F. Potter 4.23.46; P. Kearns 4.23.56; T. Gollan 4.31.04; C. March 4.34.07; B. Vardy 4.34.22; M. Melloh 4.34.22; W. Wardrop 4.34.22; G. Kennedy (fem) 4.38.50; B. Kopp 4.39.34; E. Reid 4.40.01; R. Aitkens (fem) 4.40.07; G. Jones 4.49.16; G. Maclean 4.52.19; C. Stevens 4.52.19; G. McConnell (fem) 5.07.32; R. Mosen 5.07.32; D. Titmus 5.07.32.

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